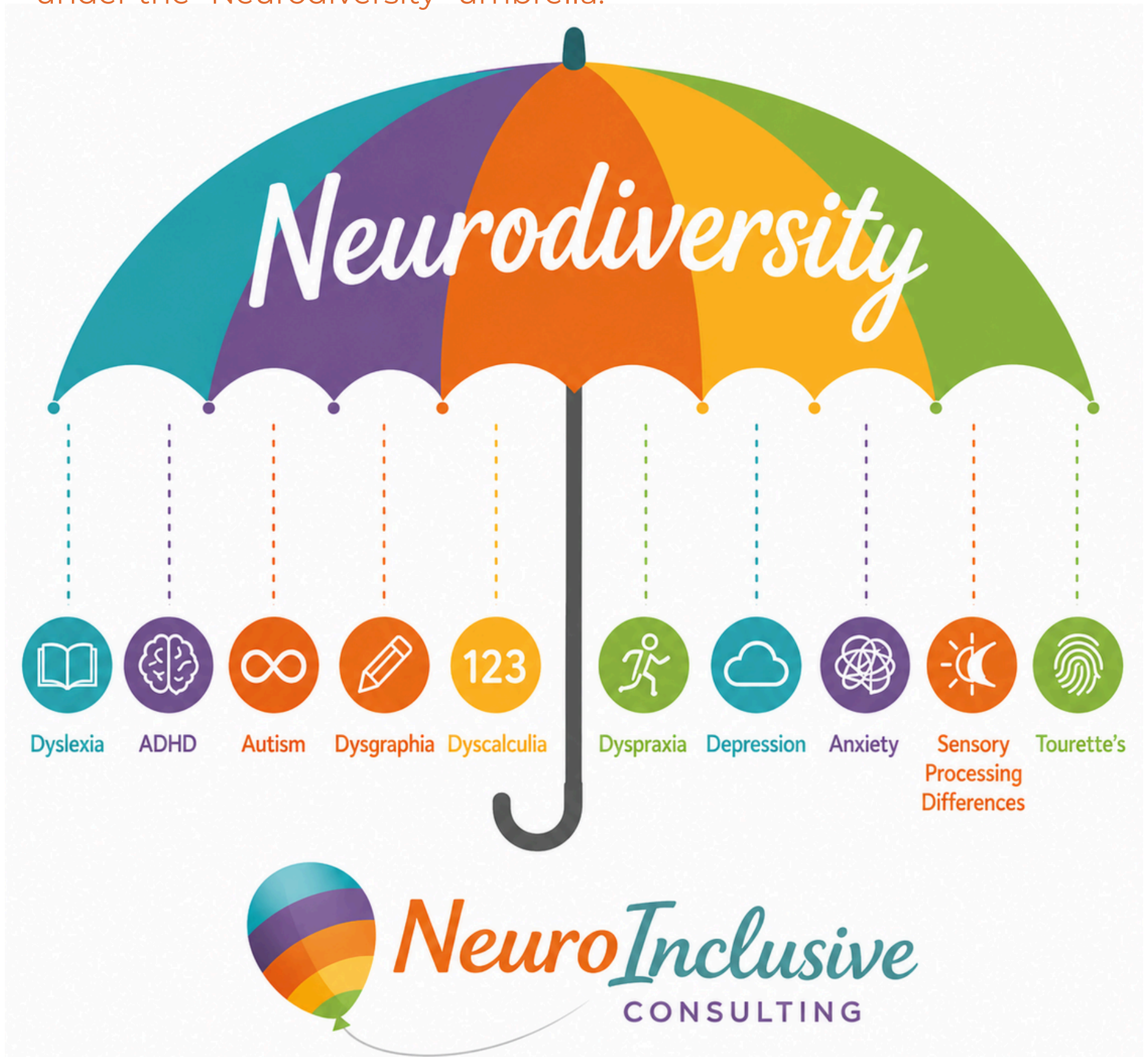


# What is Neurodiversity?

Neurodiversity refers to the natural and normal variation of human brains and behavior. Below are some common terms that often fall under the “Neurodiversity” umbrella.



*\*\*This is not an exhaustive list, but a good start.*

When we understand that we are all created differently, we can lead with connection and curiosity.