

Dyslexia:

What You Need to Know

It's common. It's misunderstood. And it has nothing to do with intelligence.

QUICK FACTS



15-20% of people are affected






It is the **most common** learning difference



It occurs across **all intelligence** levels & backgrounds

WHAT PEOPLE GET WRONG

-  Dyslexia is **not** about **effort**
-  It is **not** about **motivation**
-  It is not something kids "grow out of"

Struggling to read is not a character flaw.


It's a mismatch between how a brain learns and how we teach.

IMPORTANT CONTEXT




70-80% of students with learning disabilities have dyslexia







Dyslexia often co-occurs with **ADHD (~30-50% overlap)** 



It is **neurobiological** and often runs in families 

WHAT ACTUALLY HELPS

-  Explicit, structured literacy instruction
-  Visual + multi-sensory supports
-  Reduced reliance on **memory-heavy systems**
-  Environments that support executive functioning